



MORAY COMMUNITY PLANNING PARTNERSHIP SINGLE OUTCOME AGREEMENT

Healthier

**(National Outcome 6
Actions updates)**

Outcome 6 – We live longer, healthier lives

Required Actions/commitment by local partners for these outcomes - Reduce the burden of disease, harm, distress and premature death due to excessive alcohol consumption and drug misuse

Project	Objectives/Comment – 08/09	Lead	Year	Project Milestone & timescale	Progress	Identify Cross-Cutting issues	Contact details
Achieve agreed number of screenings using the setting-appropriate screening tool and appropriate alcohol brief intervention, in line with SIGN 74 guidelines	NHS Grampian, HEAT Measure	NHSG	08/09		Fast track NHS Health Scotland Alcohol Brief Intervention Training to be made available locally to primary and secondary care personnel, Moray-wide within current financial year.		Tracey Gervaise
Operation Avon and Alcohol Test Purchase operations are due to commence shortly	Ongoing programme by CPP	TMC GP	08/09		Seven Operation Avons took place over the July/ September 2008 period, the venues being Elgin, Forres & Lossiemouth. Three Test Purchase Operations (Operation Unst) took place over the same period, including one positive test at a Keith off-sales premises.		Andy Jamieson
Develop a strategy to tackle alcohol-related issues	To be developed by Community Planning Partnership	CPP	08/11		This will be progressed in quarter 4 by the DAAT.		Sandy Riddell
Develop Policy on alcohol issues for the Licensing Board	Licensing Forum	CPP	08/11		The Forum provides advice and makes recommendations to the Board as an ongoing process.		Peter Adamson
Implement DAAT action plan	DAAT priority	DAAT	08/09		DAAT Plan reviewed and position statement prepared. Needs analysis to be completed by March 2009. Priorities for the next 2 years will consequently be identified.		Robin Paterson

Required Actions/commitment by local partners for these outcomes - Continue to improve the health of people and sustain long term change by preventing or reducing health inequalities

Project	Objectives/Comment – 08/09	Lead	Year	Project Milestone & timescale	Progress	Identify Cross-Cutting issues	Contact details
Council and NHS to work together to develop new health centres	To be developed by Council and NHS	TMC NHSG	08/09		Forres Integrated Hospital and Health Centre. Action Plan in place. Working to timescale, anticipated completion date 2011. Victoria Crescent. Action plan in place, working to timescale, anticipated completion date September 2009. Life Science Centre. Preferred site identified, Moray College Elgin, currently at initial design stage.		Elaine Brown NHS

Girls to be immunised for HPV – all S2 and above pupils	To be considered in 08/09	CPP	08/09		High uptake secured, high 90% and one 100% uptake in secondary schools/ASG`s Moray-wide.		Tracey Gervaise
Development of School Travel Plans and Active Travel Plans and Schemes	Service Improvement plan	TMC	08/		Qtr 2: Good but steady progress with School Travel Plans. Summer vacation constitutes much of this quarter - no school contact. "Easy Hits" done, so measured rate of progress will slow in future. Consultations on Travel Plan extension to other Council sites well advanced. Consultants to report soon.		Gordon Holland
Implement the Joint Health Improvement Plan	To be considered	CPP	08/09		Moray JHIP under review. Awaiting guidance from the Scottish Government Public Health and Well being Directorate on the future of the JHIP, due New Year 09. High level SG/COSLA group currently reviewing all plans with a view to streamline. It may be that appropriate JHIP actions will be embedded within future Sosa and a plan supporting other Health Improvement actions sits within the community planning theme group, Achieving a Healthier & Caring Community and reports to the Healthier Strategic Group & CPP.		Tracey Gervaise
Develop Physical Activity Sport and Health Action Plan	JHIP priority	JHIP	08/90		Physical Activity and Sports Health Strategy and Action Plan in place. Achievements to date: Early Years: Implementation of Play@Home. School Aged Children: Implementation of Active Schools. Communities: Walk Moray & Moray Health Walks. Annual Jog Scotland 5k. Facilities: Development of astro turf pitches in Buckie and Speyside.		Tracey Gervaise

Implement Moray Sexual Health Action Plan	To be considered	CPP	08/09		Established Moray Sexual Health Strategy Group in place, action plan working to timescale. Achievements to date: Delivery of Sexual Health Awareness Training to Primary Care Personnel, Moray-wide. Delivery of SHARE training to primary and secondary school teachers and School Nurses. SMS Young People's Drop-in.		Tracey Gervaise
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Required Actions/commitment by local partners for these outcomes - The numbers of overweight and obese children and adults will reduce.

Project	Objectives/Comment – 08/09	Lead	Year	Project Milestone & timescale	Progress	Identify Cross-Cutting issues	Contact details
Implement Moray Food & Health Policy	JHIP priority	JHIP	08/90		Established Moray Food and Health Project Group. Action plan working to timescale. Achievements to date: Draft Food Policy for TMC completed. Community Food Initiatives North East establishment, current service provision in Moray includes fruit and vegetable delivery to disadvantaged/social inclusion groups i.e. Lhanbryde, Keith. Implementation of Hungry for Success. Healthy Working Lives: Weight Management Service for Dr Grays Personnel. Delivery of Confidence to Cook Programme Moray-wide. Needs assessment of Nutritional Status of Older People complete.		Tracey Gervaise

Required Actions/commitment by local partners for these outcomes - The number of people in Moray who smoke will reduce

Project	Objectives/Comment – 08/09	Lead	Year	Project Milestone & timescale	Progress	Identify Cross-Cutting issues	Contact details
Continue to provide Smoking Advice Service	NHSG priority	NHSG	08/09		New SAS advisor joined team in January – the post was vacant between October 07 and January 08. To date 285 clients seen in community (2008), plus number of clients in Dr Grays clinic on a one-to-one basis. 111 were non-smokers at 4-week follow-up – approx 39%. Allowing for DNA rate of 21% raises this to 50%. The workplace advisor continues to provide services to companies in Moray and we will be looking to adopt the		Tracey Gervaise

					<p>requirements of the Health Promoting Health Service (CEL) in the forthcoming year. Secondary care and Workplace advisors will work closely together on this development.</p> <p>The SAS will now also be covering Speyside, previously covered by community nursing staff.</p> <p>The pharmacy scheme remains a popular means of accessing the service. The launch, in August 2008, of the new pharmacy contract has meant that all pharmacies will now be required to offer cessation support. This will increase the number of options across Grampian and there is a requirement for pharmacies to collect the 4-week data as part of the contract.</p> <p>A number of new initiatives are being piloted in the SAS at present. We are currently trialling SMS appointment reminders and have recently introduced telephone follow-ups. We hope both will increase attendance rates, motivation and, ultimately, data return at the 4-week follow up point.</p> <p>We will shortly be introducing a new referral pathway for pre-operative smoking cessation. Clients will be seen within the Secondary Care arm of the service and the proposal has been well received by Consultants and GPs.</p>		
Implement maternal tobacco use initiative	NHSG priority	NHSG	08/09		Maternal tobacco use initiative: Pilot Smoking Cessation Project for Pregnant Mothers Who Smoke launched November 2008		Tracey Gervaise

Required Actions/commitment by local partners for these outcomes - People in Moray have improved mental wellbeing

Project	Objectives/Comment – 08/09	Lead	Year	Project Milestone & timescale	Progress	Identify Cross-Cutting issues	Contact details
Implement Mental Health Delivery Plan	Service Improvement Plan	CPP	08/09		Mental Health Delivery Plan is currently being implemented. Specific actions are being addressed including extensive suicide prevention training programme.	Development of dementia strategy requires involvement of all agencies.	Robin Paterson

Support action in “towards a mentally flourishing Scotland”	NHSG priority	MCHSCP	08/09		Preparation underway to adopt NHS Grampian integrated care pathway for major mental disorders. Development of community and primary care based access to psychological therapies.	Social inclusion work as per Sections 26 to 31 of the Mental Health Care and Treatment Act.	Robin Paterson
Build on the Scotland’s Health at Work programme, and in particular mental health and wellbeing policies	JHIP NHSG priority	MCHSCP	08/09		Consultations ongoing to develop further awareness training opportunities for staff and better managing stress at work initiatives		Robin Paterson

Required Actions/commitment by local partners for these outcomes - Increase the proportion of people needing care or support who are able to sustain an independent quality of life as part of the community.

Project	Objectives/Comment – 08/09	Lead	Year	Project Milestone & timescale	Progress	Identify Cross-Cutting issues	Contact details
Develop the use of tele-care, preventative and rehabilitation services	Service Improvement Plan	CPP	08/09		Specific strategies leading to higher levels of service user care are being developed in relation to Home Care and Home from Hospital Services.		Robin Paterson
Develop housing/support models for older people in their communities	Service Improvement Plan	CPP	08/09		Not an action identified in the current SIP- please remove.		Robin Paterson
Increase pro-active work with people at risk of admission to hospital	Service Improvement Plan	CPP	08/09		Moray CHSCP will work with ATOS to develop an unscheduled care improvement plan. It is the intention that this plan will lead to a reduction in the rates of admission to A&E.		Robin Paterson
Implement Carers Strategy	Service Improvement Plan	CPP	08/09		Completed and being implemented. Carers’ Assessment Tool approved and service contract awarded.		Robin Paterson
Implement Moray Older People’s Strategy	Service Improvement Plan	CPP	08/09		Strategy has now been Equality Impact assessed. Second and final public consultation exercise is currently underway.		Robin Paterson
Implement Learning Disability “Same as You” plan	Service Improvement Plan	MCHSCP	08/09	Plan is 2007-2010	Implementation of recommendations is ongoing.		Ann Slee