

Moray Learning Disability Partnership Board

You told us!

We asked people to tell us what they thought about **Our Lives, Our Way 2013-23**, our new plan to support people with a learning disability.



Who took part?

24 people answered our questions. 14 people were female and 8 people were male.

We heard from people of all ages. 10 people were between 25 and 44 years old and 7 were between 45 and 64 years age. 3 people were younger than 25 and 2 people were older than 65.

14 people wanted to tell us what they thought about the plan because they have a learning disability. 3 people were family members of someone with a learning disability, 3 people were from organisations which run services and 4 people work with people who have a learning disability.



Everyone was happy with the plan

What else should be in the plan?

13 people said they didn't think it needed anything else. 7 people were not sure. 3 people told us more.

Staff should be allowed to do more things like use music.
Who decides what is a big risk for someone?

People should be supported to take risk and learn skills which cut down risks.
There should be respect between the professionals and the person/family who know the needs best.

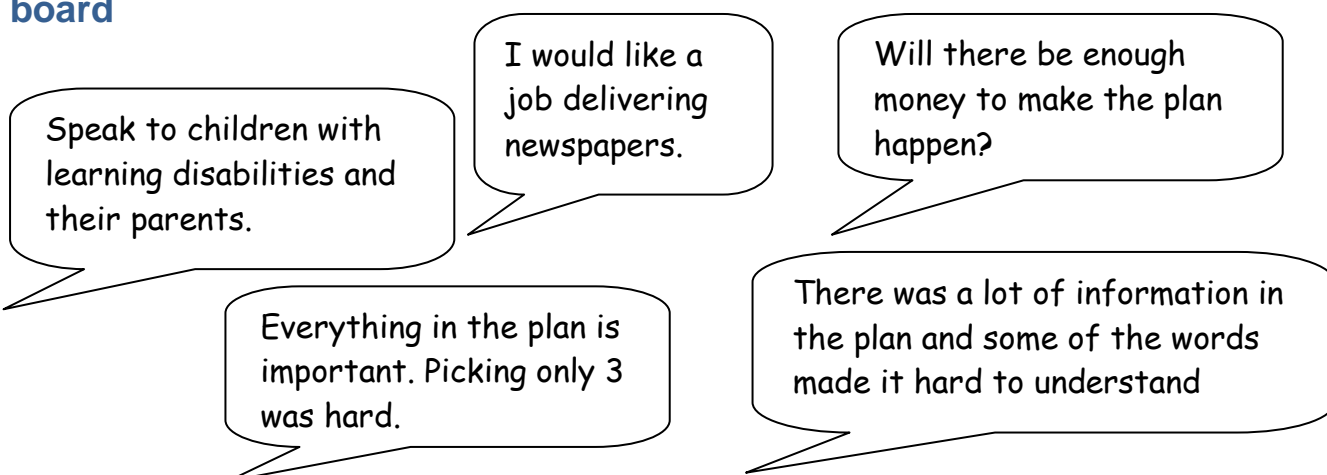
Think more about how people get a job or go on from college or services into work.

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We asked people to pick 3 things from the plan which are most important to them so we know where they want to see changes happen quickly. Here are the votes each one got.

Real choice and control - "I want to make my own decisions over how I live my life, and have the right support to make it happen."	18
Greater independence - "I want to live my life in my own community, be able to use local services and to have enough money to support myself."	15
Keeping safe - "I want to be able to stay safe but to be able to choose to take some risks if that is what I decide."	10
Staff development - "Staff should have the skills and training they need to provide the right support to me."	9
A place to live - "I want to choose where I live and who I live with."	7
Better health and wellbeing - "I want to be able to get the support I need to stay as healthy and well as I can."	4
Support for carers - "Carers and professionals should work more closely together so carers can continue to support the person they care for, while also having a life beyond their caring role."	4
People with additional needs - "If I have profound and multiple learning disabilities, mental health issues, complex needs or am on the autistic spectrum, I want to get the right support for my needs."	3

We asked people if there was anything else they wanted to tell the board



What happens now?

Because of what people have said to make some small changes to the plan and to the delivery plan which says who is going to do what. We should have these ready by June.