

## The Role of the Teachers and Physical Education Specialists

### Teachers and Physical Education Specialists will:

- provide a safe learning environment for pupils thorough risk assessments
- have the highest expectations of all pupils
- plan a programme that meets the needs of all pupils mentally, socially, emotionally as well as physically
- offer children and young people experiences across a range of activities and disciplines
- include activities which are competitive and co-operative; group and individual; indoor and outdoor; creative and technical; high energy and relaxing
- evaluate, assess and inform pupils of their development and progression of their learning in PE
- include self and peer assessments as methods of identifying next steps in learning
- ensure that they are aware of pupils learning experiences in PE prior to their contact and what pupils should experience afterwards
- improve their own knowledge, understanding and practice in teaching physical education by attending (CLPL) CPD opportunities as appropriate
- work alongside specialist coaches delivering physical activities ensuring that they play an active role
- PE specialists are able to provide a professional support role for the class teacher, where required.

## The Role of Active Schools

**Each school has an Active Schools Coordinator who works closely with partner agencies and clubs within the local community.**

Their role is to provide high quality opportunities for children to participate in physical activity by:

- facilitating extra-curricular sporting sessions, generally on school premises;
- delivering a range of ASG and Moray-wide festivals and competitions to complement these sessions;
- developing and supporting a volunteer network (teachers, parents, senior pupils, community club coaches) to deliver these activities.

**Active Schools contributes to the PE, Physical Activity & Sport pathway (known collectively as PEPAS) by:**

- working with PE and the local authority's sports development department to provide a pathway from school sport into community clubs;
- delivering an extensive CPD programme to support school staff, coaches and volunteers in their delivery of activities.

### Useful Websites:

[educationscotland.gov.uk](http://educationscotland.gov.uk)

[sportsotland.org.uk](http://sportsotland.org.uk)

[moray.gov.uk](http://moray.gov.uk) (Active Schools under 'A' in the A-Z menu)

[facebook/Active Schools Moray](https://www.facebook.com/ActiveSchoolsMoray)



# Physical Education Information for Staff/ Parents/ Pupils in Primary School



## Physical Education is delivered as part of Health and Wellbeing within Curriculum for Excellence

High quality Physical Education (PE) is essential for improving and maintaining the health and wellbeing of all pupils.

### PE should:

- teach pupils how to move well and be active
- challenge and motivate pupils and help them build resilience
- offer a variety of experiences in learning in physical education
- build and develop pupils' skills and knowledge as part of lifelong learning

The Moray Council is committed to providing all pupils in primary schools with at least 2 hours of high quality physical education. This will be delivered by PE specialists and by the classroom teacher in primary schools.

Experiences delivered within PE can vary from school to school. All pupils should be able to experience the following type of activities as they progress.

- a fundamental movement programme where pupils learn how to move well and develop the mental, social and emotional aspects of PE as well as the physical
- indoor and outdoor games, sports and activities
- team games and team building skills
- gymnastics
- social dance and a variety of dance styles
- athletics, cross-country and orienteering
- fitness and health enhancing activities

## Responsibilities of The Moray Council

### The Council will:

- give direction and support to schools to help ensure delivery of learning outcomes contained within the Curriculum for Excellence
- support, advise and challenge schools to continually improve the quality of delivery in physical education in line with national developments
- organise (CLPL) CPD opportunities to assist the development of staff knowledge and practice in physical education
- monitor and evaluate physical education in schools through the process of review
- ensure schools enable pupils to participate in at least 2 hours of quality physical education each week

## Health and Safety in PE

All staff are responsible for creating a safe environment for pupils when taking part in physical education and activity.

Staff are encouraged to wear appropriate clothing and footwear to teach indoors and outdoors, taking account of their place as a role model for pupils.

Occasionally sports coaches and other professionals will work alongside class teachers to deliver some physical activity with classes. Class teachers are responsible for their class during these times, should be involved in all activities and use these experiences to improve their own knowledge and understanding of the activity.

## Responsibilities of Head Teachers and Management Teams

### To:

- promote, support and ensure delivery of physical education in their schools through resource provision and appropriate planning, evaluation and assessment
- ensure that staff, including physical education specialists, take account of the physical education programme as well as national guidance and other authority policies
- ensure that arrangements are made to enable pupils to participate in 2 hours of quality PE every week all year
- provide leadership and direction to staff and pupils by supporting appropriate staff (CLPL) CPD opportunities to improve their knowledge and practice in physical education
- facilitate partnership working between schools, active schools, sports development and other relevant agencies to enable and encourage pupils to pursue lifelong activity
- monitor and evaluate physical education in their schools through appropriate means

Health and Wellbeing...

