

**Case Study 1**

Mrs A is a 90 year old woman living with her daughter. Mrs A has Alzheimer's which is at an advanced state. Her daughter is her main carer.

It was Mrs A's wish to remain at home with her daughter supported by a care package to allow her daughter to continue her employment Monday to Friday. Mrs A's daughter completes all of her mother's daily living tasks for her mother out with her working hours.

Mrs A's daughter has stated that her mother's Individual Support Budget allows her to organise her mother's care needs around her employment. Mrs A would not be able to continue to live at home with her daughter without the flexibility of her SDS package.

The outcome has been good for Mrs A as her wish to remain at home has been met. Mrs A's daughter has been able to continue her employment which is important to her wellbeing physically and emotionally as well as financially

**Case Study 2**

Mrs B went into a care home 3 years ago. Mrs B has an acquired head injury and epilepsy. Mrs B did not enjoy her stay in residential care and rarely went out of her room. She appeared to be depressed and was losing body weight.

Mrs B's family decided to renovate a cottage with an idyllic setting surrounded by trees which has an abundance of wildlife, which Mrs B enjoys watching. The cottage is also situated on the estate Mrs B had lived all her married life. Mrs B's family ensured that the cottage renovation was tailored to meet Mrs B's care needs.

Mrs B's daughter has arranged 24 hour private care supported by an Individual Support Budget from The Moray Council.

Since her return home Mrs B has gained weight, her general mental/physical health has improved substantially. She no longer stays in her room all day. She makes use of all rooms in her home.

Mrs B has her meals at the table in the kitchen; she will watch some TV in the lounge and on a nice day will sit out in the patio area.

Again this has been a very good outcome for Mrs B and her family. Mrs B's general, mental/physical well-being has improved beyond recognition.

**Case Study 3**

Mrs X completed the supported self assessment questionnaire with the assistance of her husband and returned them to the Self-Directed Support team via the Access Team. The case was then allocated to a social worker within the West team to complete the further stages in the SDS process. An indicative budget was identified of £321.60 per week and discussed possible outcomes to help them to get the most out of life. The support plan was developed and the outcome was focussed on relaxation due to the complex health needs she had, as a result Mrs X felt that she could achieve this relaxation through the purchase of a fish tank. The total value of the support plan was a one off payment of £650.00 for the equipment with Mrs X purchasing the fish herself. This was a very positive and successful outcome for the service user.