



Elgin High School Sports Centre Timetable

(with affect from Mon 1st July)

Monday	5.00pm -	9.30pm	Fitness Suite
	5.30pm -	6.30pm	Body Blast Class
	6.00pm -	9.30pm	Games Hall & Gymnasium
	6.00pm -	9.30pm	Astro Pitch
Tuesday	5.00pm -	9.30pm	Fitness Suite
	6.00pm -	9.30pm	Games Hall & Gymnasium
	6.00pm -	9.30pm	Astro Pitch
Wednesday	5.00pm -	9.30pm	Fitness Suite
	6.00pm -	7.00pm	Body Pump Circuit
	6.00pm -	9.30pm	Games Hall & Gymnasium
	6.00pm -	9.30pm	Astro Pitch
Thursday	5.00pm -	9.30pm	Fitness Suite
	6.00pm -	9.30pm	Games Hall & Gymnasium
	6.00pm -	9.30pm	Astro Pitch
Friday	2.30pm -	9.30pm	Fitness Suite
	2.30pm -	9.30pm	Games Hall & Gymnasium
	2.30pm -	9.30pm	Astro Pitch
Saturday	9.00am -	12.30pm	Fitness Suite
	9.00am -	12.30pm	Games Hall & Gymnasium
	9.00am -	12.30pm	Astro Pitch

Fitness Classes

Classes are free with FitLife card.

The Fitness Suite is available for users who have completed an induction or self-induction. Please book your induction with the duty staff.

This timetable may be subject to change at short notice