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#### Have you heard about our Fit Life Membership?

#### Monthly prices: - £23 - Individual

#### £30 Family (1x adult) £32 Family (2x adults)

#### Which includes:-

**All our Fitness classes,**

**Adult/Junior swim lessons,**

**Fitness room access**

**Swimming Pool Access**

**Sauna & Steam room**

**Sports hall activities**

**Astro pitch access**

**Your Fit Life Membership can be used in so many other**

**Venues too! Check it out on Leisure link:**

[**WWW.leisurelink.org**](http://WWW.leisurelink.org)

**See our reception for joining details or more information**

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Buckie Swimming Pool & Fitness Centre

**Swimming Pool Timetable**

**Monday 17th April – Sun 2nd July 2023**

**We also have:**

* Fitness Room with a range of training equipment
* Indoor Cycle Studio
* Sauna & Steam Room
* Sports Halls
* Aqua Aerobics
* Astro Pitch

**Telephone 01542 832841**

**E-mail - sportandleisure@moray.gov.uk**

[**www.moray.gov.uk**](http://www.moray.gov.uk)

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **9.00-10.00**  **Adult Swimming**  (+ swim Lane)  **10.00-11.30**  **Public Swimming** | **9.00 – 10.00**  **Adult Swimming**  (+swim lane)  **10.00-10.45am**  **Aqua Fit** | **\*7.15 – 8.00**  **Adult Early Dip** (school  term only & 2 x lanes)  **Booking required**  **\_**  **9.00-11.30**  **Public Swimming**  (Baby/toddler class in  Shallow end 9-10.30) | **9.00 – 10.00**  **Adult Swimming**  (+swim lane)  **10.00-11.30**  **Public Swimming**  **Not on 04-05-23**  **“ “ 08-06-23** | **\*7.15-8.00**  **Adult Early Dip**(school term only & 2 lanes)  **Booking required**  **9.00-11.30**  **Public Swimming**  (swim lane 9-10)  **9-10am only on**  **05-05-23 & 09-06-23** | **8.15 – 9.00**  **Adult Swimming**  (+swim Lane)  **9.15-10.15**  **Junior Lessons** | **9.45-2.00**  **Public Swimming**  (+ swim lane 9.45-11) |
| **12-1.30pm**  **Public Swimming**  (+ swim lane )  **CLOSED;-**  **May Day 01-05-23**  **Coronation 08-05-23** | **12noon – 2.00**  **Public Swimming**  (+swim lane) | **12.30-3.30**  **Public Swimming**  (swim lane 12.30-1.30)  With Baby & Toddler classes in the shallow end - 1.30-3.30 | **12.30-3.00**  **Public Swimming**  (swim lane 12.30-2) | **1.00-3.00pm**  **Public Swimming**  (+swim lane1-2) | **10.30 – 12.00**  **Public Swim with**  **Family Fun Session**  **11.00-12.00**  **12.00 – 1.00**  **Public Swim** | **11.45 – 1.00**  **Family Fun Session**  **Public swimming**  **1.00-2.00** |
| **3.30-5.00**  **Junior Lessons**    **6.15– 7.45**  **Public Swimming**  (6.15-7.15 3 x lanes,  7.15-7.45 full width)  **Adult lessons**  ( shallow end 7.15-8pm) | **3.30-5.00**  **Junior Lessons**    **5.30– 7.45**  **Public Swimming**  (5.30-7.15 2 lanes )  (7.15-7.45 whole pool  available) | **3.30-5.00**  **Junior Lessons**  **5.30-6.45**  **Public Swimming**  **7.00-7.45**  **Aqua Fit** | **3.30 – 5.00**  **Junior Lessons**  **5.15-8.15**  **Club Hire**  **Adult Lessons**  (half pool 7.45-8.30pm) | **3.30-5.00**  **Junior Lessons**  **5.30-6.20**  **Public Session**  **6.30-7.30**  **Fun Session** | **Available to hire for**  **Birthday Parties**  **1.30 - 2.30**  Swimming Pool available for hire for **Pool Parties**,  Under 8yrs max 2:1x Adult in water applies  +  **Aqua Run Inflatable hire**  Unaccompanied kids  must be 8yrs+ and be able to swim 1 x length of the pool unaided |
| **7.45 – 8.45**  **Adults / Teenagers**  (+swim Lane) | **7.45-8.45**  **Adults / Teenagers**  (+swim Lane) | **7.45 – 8.45**  **Adults / Teenagers**  (+swim Lane) |  | **7.45 – 8.45**  **Adults / Teenagers**  (+swim Lane) |

**Swimming Pool Timetable – Monday 17th April- Sunday 2nd July 2023**

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| **Health Suite – (Sauna and Steam Room )** Available most public sessions  **Adults/Teenagers Only Sessions** – Teenager aged 13–15 are welcome to attend these sessions to swim for health, fitness and wellbeing. Adult cost applies or entry via Fit Life Membership. |