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####  Have you heard about our Fit Life Membership?

####  Monthly prices :- £23 - Individual

####  £29 Family (1x adult) £31 Family (2x adults)

####  Which includes:-

 **All our Fitness classes,**

 **Adult/Junior swim lessons,**

 **Fitness room access**

 **Swimming Pool Access**

 **Sauna & Steam room**

 **Sports hall activities**

 **Astro pitch access**

 **Your Fit Life Membership can be used in so many other**

 **Venues too! Check it out on Leisure link**

 **See our reception for joining details or more information**

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Buckie Swimming Pool & Fitness Centre

**Swimming Pool Timetable**

**Wed 4th January – Sun 19th February 2023**

**We also have:**

* Fitness Room with a range of training equipment
* Indoor Cycle Studio
* Sauna & Steam Room
* Sports Halls
* Aqua Aerobics
* Astro Pitch

**Telephone 01542 832841**

**E-mail - sportandleisure@moray.gov.uk**

[**www.moray.gov.uk**](http://www.moray.gov.uk)

 **Swimming Pool Timetable – Wednesday 4th January- Sunday 19th February 2023**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **9.00-10.00****Adult Swimming**(+ swim Lane)**10.00-11.30****Public Swimming** | **9.00 – 9.55****Adult Swimming**(+swim lane)**9.55-10.40am****Aqua Fit** | **\*7.15 – 8.00****Adult Early Dip**(2 lanes)**9.00-10.30****Public Swimming**(Baby/toddler class in Shallow end 9-10.30) \*  **Wed Early Dip** (only during school term)  | **9.00 – 10.00****Adult Swimming**(+swim lane) **10.00-11.30****Public Swimming****Not on 19-01-23** **“ “ 02-02-23**  | **\*7.15-8.00** **Adult Early Dip**(2 lanes)**9.00-10.30****Public Swimming**(swim lane) N**ot on 20-01-23** “ **“ 03-02-23** \***Fri Early Dip**(only during school term) | **8.15 – 9.00****Adult Swimming**(+swim Lane)**9.15-10.15****Junior Lessons** |  **9.45-12.15****Public Swimming**(+ swim lane 11-12)  |
| **12-2.30pm****Public Swimming** (+ swim lane 12-2)**+**(children’s lesson 2-2.30pm shallow end)  | **12noon – 2.00****Public Swimming**(+swim lane 12-2) | **12.30-3.30****Public Swimming**(swim lane 12.30-1.30)With Baby & Toddler classes in the shallow end - 1.30-3.30 |  **12.30-3.00****Public Swimming** (swim lane 12-2)+(children’s lesson 2-2.30pm shallow end)  | **1.00– 3.00****Public Swimming**(+swim lane)  | **10.30 – 12.00****Public Swim with** **Family Fun Session** **11.00-12.00****12.00 – 1.00****Public Swim**  |  **12.45 – 2.00****Family Fun Session** |
|  **3.30-5.00** **Junior Lessons** **6.15– 7.45****Public Swimming**(6.15-7.15 3 x lanes,7.15-7.45 full width) **Adult lessons**( shallow end 7.15-8pm) | **3.30-5.00****Junior Lessons**  **6.45– 7.45****Public Swimming** (6.45-7.15 2 lanes ) (7.15-7.45 whole pool available) | **3.30-5.00****Junior Lessons****5.30-6.45****Public Swimming** **7.00-7.45****Aqua Fit** | **3.30 – 5.00****Junior Lessons** **5.15-8.15** **Club Hire****Adult Lessons**(half pool 7.45-8.30pm) | **3.30-5.00** **Junior Lessons****5.30-6.20****Public Session** **6.35-7.35** **Fun Session** | **Available to hire for****Birthday Parties****1.30 - 2.30**Swimming Pool available for hire for Pool Parties  |
| **7.45 – 8.45****Adults / Teenagers**(+swim Lane)  |  **7.45-8.45****Adults / Teenagers**(+swim Lane) | **7.45 – 8.45****Adults / Teenagers** (+swim Lane) **No Session 25.01.23**  |  | **7.55 – 8.45****Adults / Teenagers** (+swim Lane) |

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| **Health Suite – (Sauna and Steam Room )** Available most public sessions**Adults/Teenagers Only Sessions** – Teenager aged 13–15 are welcome to attend these sessions to swim for health, fitness and wellbeing. Adult cost applies or entry via Fit Life Membership. |