



MORAY AREA PRIMARY AND SECONDARY WELLBEING SUPPORT

The Exchange were awarded the contract for wellbeing support in both Primary and Secondary Schools in April 2021, therefore the information provided applies to the period from April 2021 – 9<sup>th</sup> November 2022

|   | ACADEMIC YEAR<br>2020/2021<br>From April 2021 |           | ACADEMIC YEAR<br>2021/2022 |           | ACADEMIC YEAR<br>2022/2023<br>Up to Present Time |           |
|---|---|-----------|----------------------------|-----------|--|-----------|
|   | PRIMARY                                       | SECONDARY | PRIMARY                    | SECONDARY | PRIMARY  | SECONDARY |
| Q1: Number of school pupils requesting the use of counselling services        | 36  | 157       | 241                        | 490       | 68   | 175       |
| Q2: Number of school staff requesting the use of counselling services         | 35  | 130       | 236                        | 381       | 66   | 137       |
| Q3: The average waiting time for use of counselling services                  | 2 weeks                                       | 3 weeks   | 2 weeks                    | 2 weeks   | 10 days  | 2 weeks   |
| Q4: The longest waiting time for use of counselling services in school        | 3 weeks                                       | 6 weeks   | 3 weeks                    | 6 weeks   | 2 weeks  | 6 weeks   |
| Q5: The number of school staff reporting low wellbeing or poor mental health. | 35  | 130       | 236                        | 381       | 66   | 137       |