

**Sports & Leisure Services**

**Speyside Sports & Community Centre**

**Swimming Pool Timetable**

**Monday 6th September – Sunday 10th October 2021**

**Monday**

|  |  |
| --- | --- |
| 4.00 – 4.45 | Public Swimming |
| 5.00 – 6.00 | Lessons\* |
| 6.15 – 7.00 | Public Swimming |
| 7.15 – 8.00 | Public Swimming |
| 8.15 – 9.00 | Adults and Teens\* |

**Tuesday**

|  |  |
| --- | --- |
| 4.00 - 4.45 | Public Swimming |
| 5.00 – 6.00 | Lessons\* |
| 6.15 – 7.00 | Family Swim Time\* |
| 7.15 – 8.00 | Public Swimming |
| 8.15 – 9.00 | Adults and Teens\* |

**Wednesday**

|  |  |
| --- | --- |
| 4.00 – 4.45 | Public Swimming |
| 5.00 – 6.00 | Lessons\* |
| 6.15 – 7.00 | Fun Session |
| 7.15 – 8.00 | Public Swimming |
| 8.15 – 9.00 | Adults and Teens\* |

**Thursday**

|  |  |
| --- | --- |
| 4.00 – 4.45 | Public Swimming |
| 5.00 – 6.00 | Lessons\* |
| 6.00 – 7.00 | Swimming Club |
| 7.00 – 8.00 | Swimming Club |
| 8.15 – 9.00 | Adults and Teens\* |

**Friday**

|  |  |
| --- | --- |
| 1.30 – 2.30 | Public Swimming |
| 2.45 – 3.45 | Public Swimming |
| 4.00 – 4.45 | Public Swimming |
| 5.00 – 6.00 | Lessons\* |
| 6.15 – 7.00 | Fun Session |
| 7.15 – 8.00 | Public Swimming |
| 8.15 – 9.00 | Adults and Teens\* |

**Saturday**

|  |  |
| --- | --- |
| 9.00 – 9.45 | Adult Early Dip\* |
| 10.15 – 11.15 | Family Swim Time\* |
| 11.45– 12.45 | Fun Session |
| 1.15 – 2.00 | Public Swimming |

**Sunday**

|  |  |
| --- | --- |
| 10.00 – 11.00 | Adult Early Dip\* |
| 11.30 – 12.30 | Family Swim Time \* |
| 1.00 – 2.00 | Public Swimming |

**FITNESS SUITE**

|  |  |  |  |
| --- | --- | --- | --- |
| **Monday - Thursday** | **Friday** | **Saturday** | **Sunday** |
| 4.00pm – 9.00pm  55 minute session per day  Must be booked in advance | 1.30pm and 2.30pm  4.00pm – 9.00pm  55 minute session per day  Must be booked in  advance | 9.00am – 2.00pm  55 minute sessions  Must be booked in advance | 10.00am – 2.00pm  55 minute sessions  Must be booked in advance |

**Note: For session that require to be booked as identified by \* please follow these instructions:**

**Bookings can be made:**

**Fit-Life Members:**

* On-line at [www.moray.gov.uk/leisure](http://www.moray.gov.uk/leisure)
* By telephone to Reception 01340871641
* In person at Reception

**Pay-as-you-go customers:**

* On-line at [www.moray.gov.uk/leisure](http://www.moray.gov.uk/leisure)
* In person at Reception in advance of booking – payment to be made at time of booking