



SPORTS & LEISURE SERVICES

THE SHAND CENTRE, DUFFTOWN FITNESS FACILITY

◆ADMISSION PRICES 2019 / 2020◆

<i>Fitness Room</i>	<i>Cost</i>
User induction course*	£22.00
Self-induction*	£10.00
Fitness room (one hour)	Adult £ 5.50
	Junior (12-17), Over 60's £ 3.75
	Registered disabled £ 3.75
Activity class	£ 5.50

Fitness-room Saver Cards

Adults Saver, 5 and 1 free (Gym/Activity)	£27.50
Junior-Over 60-Disabled, 5 and 1 free (Gym only)	£18.75
Activity only, 5 and 1 free,	£27.50
30 Day Fit-Life Membership (Shand Centre only)	£30.00
Teenage Promotion Card (12 sessions gym only)	£24.00
NHS/Moray Council Staff Cards (25 gym/activity)	£75.00
NHS Staff 6-month membership (Unlimited use out with the time-tabled sessions)	£48.00

Cash or Cheques made payable to NHS Grampian will only be accepted

Issue date September 2019