

## John Matthew's Plan

RECORD OF INVOLVEMENT	Date	Completed by
Universal Child's Plan		
Universal Child's Plan Review		
Record of a Request for Assistance	27.02.18	K. Mair
Child's Plan		
Child's Plan (Other – please specify)		
Child's Plan Review		
Child's Plan (Compulsory Measures)		

Section A	Who's Who?
Section B	Why do we need a Plan?
Section C	What does everyone think?
Section D	Action Plan
Section E	<b>Chronology</b>
Section F	Anticipatory Care Plan

**Chronology** (Section E)

<b>FAMILY / INDIVIDUAL</b> Source – H = health, E = education, P = police, SW – social work, F- family, O – other ( please detail)			
<b>Date of Event</b>	<b>Detail of Significant Event</b>	<b>Outcome</b>	<b>Source</b>
August 2009	Started P1 in Tobermory Primary School, Highland	Positive learning experience with no major concerns	E
August 2012	Started P4 in Moray Primary, Moray	Move due to mum and dad splitting up. Mum moved to Elgin so she could be supported by friend	E
August 2015	Started S1 in Moray High		E
25.08.15	John finding it difficult to settle in Moray High. First signs of anxiety.	Staff alerted in school	E
28.10.15	Change in Guidance Teacher	New guidance teacher alerted to concerns around anxiety issues	E
2.11.15	Support for Learning Assessment carried out as concerns about JM's spelling	Score in low assessment range and indicated well below his chronological age. Joined Literacy Links Group to consolidate knowledge of spelling rules and provide strategies for future use.	E
07.01.16	Attended appointment at Rowan Centre	Agreed further appointments/support necessary	H
11.01.16	School advised by mum that JM has been suffering from anxiety for a long time in and out with school.	Staff made aware and various supports put in place to support him.	E
23.03.16	Rowan Centre Appointment	Did not attend (DNA)	H
11.04.16	Mother reports JM is not in a good place. He is self-harming.	Allowed to wear long sleeves in PE/HE	E
13.04.16	Attended unscheduled appointment at Health Centre due to wounds from self-harm	School nurses spoke to JM and appropriate advice given	H
18.04.16	Asks that the School Nurse doesn't talk to him	Engagement with school nurse stops	H
30.04.16	Meeting held as mum not happy with the supports put in place and negative about getting JM back in school	JM is not attending school	
15.05.16	Request for support from Home School Link Worker as refusing to come to school	HSLW chose not to engage as Health already involved and contact made via Youth Club. Mindfulness to be offered through this.	E
18.05.16	Request made to T. Thomson for home tutoring	No provision for this support made. Alternative strategies	E

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		suggested.	
18.05.16	Request for HSLW involvement as JM been non-attending for three weeks	Mum feels this will not work as knows all about mental health as mum has lived with it for years HSLW agreed to support	E
5.05.16	Letter from GP stating suffers from social anxiety and awaiting appointment at Rowan Centre. Not attending school as a result of anxiety issues.	School provided work for JM to be completed at home	H/E
30.05.16	Reduced S3 timetable agreed	Still did not attend due to anxiety	E
16.06.16	Mum disclosed to PTG she is attending GP due to poor mental health	Mum's negativity impacting on school's ability to re-engage JM	E
16.08.16	Return of old PTG	Family pleased as established good relationship with her at beginning of S1	E
17.08.16	First day back after summer break and JM unable to return to school. Shutdown in reception.	Reduced timetable agreed and supports put in place	E
August - October	JM attending school and engaging well with his learning	JM accessing the curriculum and engaging with friends	E
24.10.16	Child Plan Meeting held as JM threatening not come in due to stresses with Science and Music	Issues addressed in both of these subjects and appropriate supports put in place	E
November-December 2016	Attendance improves – 76%	Engaging with subjects	
06.01.17	JM refusing to return to school after Christmas holidays	Child Plan meeting called to agree supports	E
January 2017	Attendance very poor – 23%	JM falling behind with class work	E
07.01.17	Child Plan Meeting held. Mum Feels school has done nothing to support JM and that she wishes for him to be home tutored.	Supports already provided outlined and various actions agreed.  Mum and JM agree to further supports and an amended timetable	E/H
18.01.17	Record of Request for Assistance – request for support from Family Support Worker (Intake and Assessment Team)	JM refused to engage with the support put in place so Family support worker closed case (15.02.17)	E/S
08.02.17	Report from mum that medication making him jittery	Staff informed so they can support	E
Feb-May	Attendance improves – 67%. Engaging with part-time	JM engaging with learning.	E

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<b>2017</b>	<b>timetable.</b>		
<b>29.05.17</b>	<b>Change of timetable for S3. JM does not attend.</b>	<b>JM not accessing his S3 subject choices.</b>	<b>E</b>
<b>2.06.17</b>	<b>Child Plan Meeting held.</b>	<b>Reduced timetable for S3 agreed Concerns about anxiety around exams also raised with Sfl department</b>	<b>E/H</b>
<b>27.06.17</b>	<b>Child Plan Meeting held. Notified by mum that JM has been put on anti-depressants as suffering from moderate/severe anxiety</b>	<b>Struggling to get into school. Work missed sent home.  Timetable for after the holidays agreed</b>	<b>E/H</b>
<b>31.08.17</b>	<b>Mum phoned as JM refusing to come to school as struggling with Chemistry and Music.  Mum very distressed/upset as she is getting no support. Advised to make appointment with her GP</b>	<b>Mum did not feel she needed to get in touch with her GP</b>	<b>E</b>
<b>15.09.17</b>	<b>Child Plan Meeting</b>	<b>Timetable reduced further Agreed JM would attend Lego Therapy Timetable to be reviewed after the October break</b>	<b>E/H</b>
<b>September - 10.12.17</b>	<b>Attendance improves – 74%</b>	<b>Engaging with English, Maths and Music</b>	
<b>26.10.17</b>	<b>Child Plan Meeting</b>	<b>Agree to continue with same timetable as been a success JM continues to engage with Rowan Centre</b>	<b>E/H</b>
<b>11.12.17</b>	<b>JM refusing to come into school. Friendship issues on-line</b>	<b>Advice about on-line activity given to mum HSLW to support with getting JM back into school</b>	<b>E</b>
<b>18.12.17</b>	<b>Mum turns up to school very distressed. Doesn't feel we are doing enough to support JM. Mum disclosed older brother in homeless accommodation with his partner who is due a baby in February.</b>	<b>Mum advised to go to GP Agreed JM to come into Sfl department for study support sessions</b>	<b>E</b>
<b>January 2018</b>	<b>JM refuses to come back to school</b>	<b>Not engaging with education so increasingly unlikely to gain qualifications</b>	<b>E</b>
<b>15.01.18</b>	<b>Child Plan Meeting - Non-attendance at school - Non-engagement with CBT Therapy (Rowan Centre)</b>	<b>JM becoming increasingly isolated Agrees to meet with school nurse on a weekly basis at home</b>	<b>E/H</b>
<b>23.02.18</b>	<b>Child Plan meeting</b>	<b>Attending appointments with School nurse Still attending Rowan Centre for medication</b>	<b>E/H</b>

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25.02.18	Disclosure to school nurse that JM is worried about family finances as mum and step-dad spend all their money on cannabis and alcohol so there is no food in house or electricity.	Passed on to Child Protection co-ordinator who passed it onto Triage and agreed to submit Child Plan A & B  Family agree they require extra support	E
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EXAMPLE PLAN

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