



## SPORTS & LEISURE SERVICES

### THE SHAND CENTRE, DUFFTOWN FITNESS FACILITY

#### ◆ADMISSION PRICES 2018/2019◆

<b><i>Fitness Room</i></b>	<b><i>Cost</i></b>
User induction course (free with Fit Life? membership)	£22.00
Self-induction (free with Fit Life? membership)	£10.00
Fitness room (one hour) Adult	£ 5.00
Junior (13-17), Over 60's	£ 3.50
Registered disabled	£ 3.50
Activity class	£ 5.00

#### **Fitness-room Saver Cards**

Adults Saver, 5 and 1 free (Gym/Activity)	£25.00
Junior-Over 60-Disabled, 5 and 1 free (Gym only)	£17.50
Activity only, 5 and 1 free,	£25.00
30 Day Fit-Life Membership (Shand Centre only)	£30.00
Teenage Promotion Card (12 sessions gym only)	£24.00
NHS/Moray Council Staff Cards (25 gym/activity)	£75.00
NHS Staff 6mth membership (Unlimited use out with the time-tabled sessions)	£48.00

Cash or Cheques made payable to NHS Grampian will only be accepted