

## No. 5 Duty to involve carer in carer services

Moray Council and Health and Social Care Moray have a duty to consult with carers about shaping services that impact on their caring roles.

We have a duty to involve carers in hospital discharge planning, ensuring that before a cared-for person is discharged from hospital, carers are involved in the process.



## No. 7 Information and advice for carers

Information and advice to carers will be available from a number of sources, including the commissioned service from Quarriers Care Support Service.

Information and advice will be available about carers' rights, education and training opportunities, health and well-being support, income maximisation and emergency planning and future planning.



## No. 6 Duty to prepare local carer strategy

Moray Council and Health and Social Care Moray will prepare local strategies for young carers and adult carers.

This sets out how we plan to deliver services for carers.



D-02612



# Carers (Scotland) Act 2016



The Carers (Scotland) Act 2016 introduces new rights for unpaid carers and new duties for local councils and the NHS to provide support to carers.

## Who is an unpaid carer?

A carer is someone who provides or intends to provide care for another person.

They may care for someone who has a disability or a long-term condition, mental health challenges or is affected by alcohol or drug misuse.

There is no requirement for a carer to provide a substantial amount of care on a regular basis.

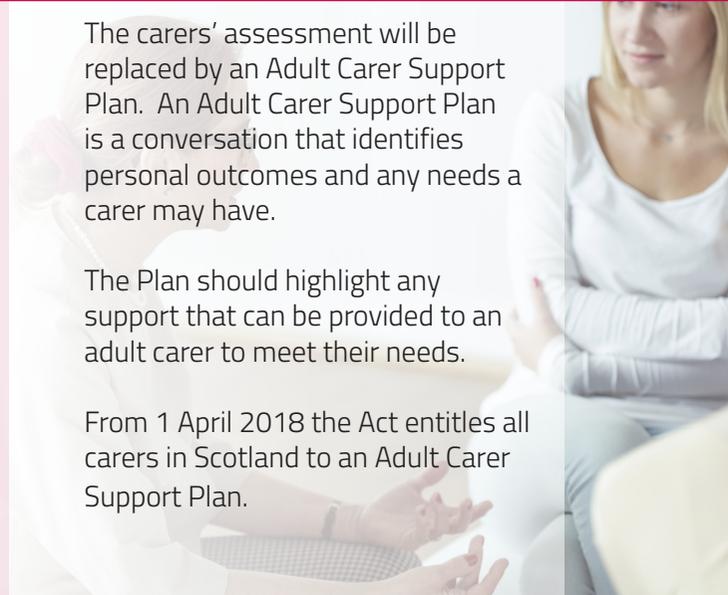
A carer can care for someone of any age and need not live with them.

## No. 1 Duty to prepare adult carer support plan

The carers' assessment will be replaced by an Adult Carer Support Plan. An Adult Carer Support Plan is a conversation that identifies personal outcomes and any needs a carer may have.

The Plan should highlight any support that can be provided to an adult carer to meet their needs.

From 1 April 2018 the Act entitles all carers in Scotland to an Adult Carer Support Plan.



## No. 3 Duty to set local eligibility criteria

The local eligibility criteria is a framework used to identify whether a carer should receive support from Moray Council and Health and Social Care Moray to meet their identified needs over and above the information and advice available to all carers.

If a carer meets the eligibility criteria support may take the form of Self-Directed Support (SDS).

In Moray, the national eligibility framework will be used.

## Carers' Charter

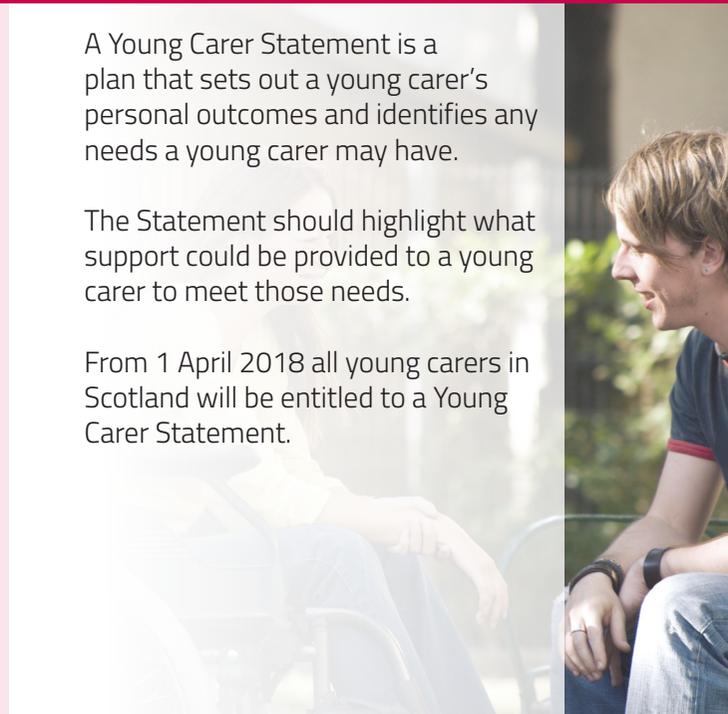
The Scottish Government is preparing a Carers' Charter setting out the rights of carers in the Act.

## No. 2 Duty to prepare young carer statement

A Young Carer Statement is a plan that sets out a young carer's personal outcomes and identifies any needs a young carer may have.

The Statement should highlight what support could be provided to a young carer to meet those needs.

From 1 April 2018 all young carers in Scotland will be entitled to a Young Carer Statement.



## No. 4 Duty to provide support

Carers may be offered support from a range of health and social care services or additional supports in the community or may be offered a break from caring or Self-Directed Support.

Carers who do not meet eligibility criteria will still receive help, information and advice from a range of services and professionals, such as the local commissioned carer service (Quarriers Carer Support Service).