

## Further Information

### Fit Life Membership Scheme

Individual Monthly Direct Debit	£21.00
Family Monthly Direct Debit (1 adult)	£27.00
Family Monthly Direct Debit (2 adults)	£29.00
Individual Yearly Payment	£252.00
Family Yearly Payment (1 adult)	£324.00
Family Yearly Payment (2 adults)	£348.00
30 Day Membership(No D/D Required)	£30.00



### Hall/Room Hire Costs

Cost Per Hour	Room	Small Hall	Sports Hall
Adult	£12.00	£18.50	£37.00
Junior (Up to 17)	£6.25	£9.25	£18.50
Over 60	£6.25	£9.25	£18.50
Charity Rate	£6.25	£9.25	£18.50
Business Rate	£15.00	£23.12	£48.75

### Birthday Parties

Sports Hall	Sat 12-2 / Sun 11-1
Small Hall	Sat 12-2 / Sun 11-1
Games Hall	Sat 12-2 / Sun 11-1
Pool Party	Please see pool timetable
Private Pool Parties	Sat 1-2 (in pool)

- Please see separate sheet for birthday party bookings / prices

### Opening Hours

Monday - Friday	9.00 – 9.00
Saturday	8.45 – 2.00
Sunday	9.45 – 1.00

Limited opening hours during Christmas period check with reception

## LOSSIEMOUTH SPORTS & COMMUNITY CENTRE

### Programme of Sports & Activities

#### We Also have:

- Fit Life Membership \* (covered by membership)
- Fitness Room with a range of training equipment (Timetable & information on separate sheet)
- Spin Cycle Studio
- Sports Hall
- Swimming Pool (Timetable & Information on separate sheet)

Telephone 01343 815299

Email: [lossiemouth.cc@moray.gov.uk](mailto:lossiemouth.cc@moray.gov.uk)

[www.moray.gov.uk](http://www.moray.gov.uk)

**PLEASE SEE OVERLEAF FOR FURTHER INFORMATION**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>9.30 – 10.45</b> Zara Mortimer School of Dance (18 months +)	<b>9.30 – 11.30</b> 2/3 Play Group	<b>9.30 – 11.30</b> 2/3 Play Group	<b>9.30 – 11.30</b> 2/3 Play Group	<b>7.30am – 9.00am</b> Slimming World	<b>9.00 – 2.00</b> Sports Hall for hire	<b>10.00 – 1.00</b> Sports Hall for hire
<b>9.30 – 11.30</b> 2/3 Play Group	<b>9.45 – 11.30</b> Wee Toots (Parent & child group)	<b>10.30 – 12.30</b> B.A.L.L Group Over 60s Club (Be active live long)	<b>9.30 – 10.30</b> Mixed Level Pilates Class	<b>7.00am – 7.30am*</b> Spin Class (Booking essential)	<b>9.00 – 2.00</b> Games Hall for hire	<b>10.00 – 1.00</b> Games Hall for hire
<b>12.15 – 1.45</b> Parent & Tots Group	<b>1.45 – 3.45</b> Art Group	<b>1.15 – 2.15*</b> Active Start (Sports for age 3-5)	<b>12.30 – 2.30</b> Baby Bop <b>(3 months +)</b> (Music/movement class)	<b>9.30 – 11.30</b> 2/3 Play Group	<b>9.00 – 2.00</b> Small Sports Hall for hire	<b>10.00 – 1.00</b> Small Sports Hall for hire
<b>2.00 – 4.00</b> Lossie S.E.T (Singing exercise & tea)	<b>1.45 – 3.45</b> Darby & Joan Club Over 60s group (April – September)	<b>4.00 – 5.00</b> Highland Dance Lessons (Age 3+)	<b>4.15 – 5.00</b> Highland Dancing Lessons (Age 3+)	<b>9.30 – 11.00</b> Slimming World	<b>1.30 – 2.00</b> <b>Highland Dancing Lessons</b> <b>(Age 3 +)</b>	
<b>4.00 – 5.45</b> Dragonfly Drama for kids	<b>6.00 – 7.00</b> Zumba Dance/Fitness Class	<b>6.15 – 6.45*</b> Spin Class (Booking essential)	<b>5.30 – 7.00</b> Slimming World	<b>3.30 – 6.00</b> Moray Dance (age 2 ½ +)		
<b>6.00 – 9.30</b> Football (Private Hires)	<b>6.00 – 6.30*</b> Spin Class (Booking essential)	<b>6.15-7.15*</b> Funky Aerobics Dance/Fitness Class	<b>6.00 – 6.30*</b> Spin Class (Booking essential)	<b>3.30 – 6.00*</b> Soccer Centre (age 3 – P4) (Booking essential)		
<b>6.15 – 7.15</b> Tang Soo Do (Korean Martial Arts Adults & Children)	<b>6.15 – 7.00*</b> Circuit Class	<b>7.00 – 9.00</b> Ladies Netball	<b>6.00 – 6.30*</b> H.I.I.T Class (High intensive interval training)	<b>5.15 – 5.45*</b> Spin Class (Booking essential)		
<b>6.15 – 7.15</b> Intermediate Pilates Class	<b>6.15 – 7.15</b> Beginners Pilates Class		<b>6.15 – 9.15</b> Dance Fusion (Age 6 – 16)	<b>6.30 – 8.00</b> Junior Youth Club (P1 – 4)		
<b>6.00 – 6.30*</b> Spin Class (Booking essential)			<b>7.00 – 8.30</b> Hatha Yoga			
<b>7.15 – 8.15</b> Advanced Pilates Class			<b>7.30 – 9.00</b> Slimming World			
<b>7.00 – 9.00</b> Jewellery Making Class			<b>8.15 – 9.45</b> Lads Football (age 13 – 19)			