



**Independent Living Centre**  
Moray Resource Centre  
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## **CHOOSING A COMMODE**

### **Some questions to ask before you buy:**

Here is a list of things that might be important to you:

- Do you want a static or mobile commode?
- Would you like a commode to wheel over the toilet sometimes?
- Would you like to use that commode as a shower chair sometimes?
- Is the height of the seat right for you? – You need to get on and off easily.
- If you need to move it, can you do so easily or is it heavy?
- Do you feel safe? Is it sturdy with a wide enough base and good strong arms?
- Can you take the seat off easily to reveal the pan ready to sit on?
- Can you remove the pan and lid easily without spilling the contents?
- Will it be cleaned easily?
- Is it comfortable to sit on? Many people find an oval type toilet seat the best for long periods of sitting! Padded arms can be beneficial too.
- Will it take your weight?
- Do you want metal or wood and are looks important? Do you want functional or furniture?

- Would you like to take the commode away with you on your holidays and visits or is storage important? Folding commodes are available.
- Would a special feature be useful to you such as bed attachment, fold down arms or comfort seat?
- What price do you want to pay?
- When will it be delivered?

For further information please contact us on **01343 559461**

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OR look on [www.moray.gov.uk](http://www.moray.gov.uk) and search for Independent Living Centre