



SPEYSIDE SPORTS & COMMUNITY CENTRE

Fitness Room Opening Times

Monday 17th April – Saturday 1st July 2017

Monday	3.30pm - 9.00pm	Open Session
Tuesday	3.30pm - 9.00pm	Open Session
Wednesday	3.30pm - 9.00pm	Open Session
	7.30pm - 8.30pm	Inductions (8 spaces)
Thursday	3.30pm - 9.00pm	Open Session
Friday	3.30pm - 9.00pm	Open Session
	6.30pm - 7.30pm	Circuit Training
Saturday	9.00am - 4.00pm	Open Session

Note: *Open Sessions*

are for users who have completed an induction, including junior users

CIRCUIT TRAINING
WEDNESDAY 6.00pm – 6.30pm
FRIDAY 6.30pm – 7.30pm
Please book at reception

Telephone 01340 871641
E-mail sportandleisure@moray.gov.uk
www.moray.gov.uk