

























WEEK 1

18/04/2022
16/05/2022
13/06/2022
15/08/2022
12/09/2022
24/10/2022
21/11/2022
19/12/2022
30/01/2023
27/02/2023
27/03/2023
























Key
Vegetarian 
Vegan 

	Monday	Tuesday	Wednesday	Thursday	Friday
Green	Chicken curry	Macaroni cheese 	Steak mince with vegetables	Butcher's pork sausage with optional gravy	Bubblefish
Yellow	Cheese and tomato pizza 	Vegetable fajita 	Breaded chicken goujons	Spring roll 	Roast chicken with optional gravy
	Potato wedges Rice Salad selection 2 Seasonal vegetables	Garlic bread Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables	Potato Pasta Salad selection 2 Seasonal vegetables
Orange	Tuna mayo roll Mini pizza finger  Salad	Ham sandwich Pasta salad  Salad	Egg mayo sandwich  Rice salad  Salad	Chicken mayo sandwich Mini vegetable sausage  Salad	Cheese wrap  Mini spring roll  Salad
Soup / Pudding	Lentil soup  Selection of fresh fruit with optional natural yoghurt 	Potato soup  Selection of fresh fruit with optional natural yoghurt 	Vegetable soup  Orange upside down cake with custard and fresh fruit  Selection of fresh fruit with optional natural yoghurt 	Tomato soup  Oatie biscuit with mandarins  Selection of fresh fruit with optional natural yoghurt 	Sweetcorn soup  Strawberry mousse with fresh fruit salad  Selection of fresh fruit with optional natural yoghurt 

WEEK 2

25/04/2022
23/05/2022
20/06/2022
22/08/2022
19/09/2022
31/10/2022
28/11/2022
09/01/2023
06/02/2023
06/03/2023
























Key
Vegetarian 
Vegan 

	Monday	Tuesday	Wednesday	Thursday	Friday
Green	Butchers beef burger in a wholemeal roll	Fish fingers	Chicken pie	Chicken sausage pasta bake	Roast beef with optional gravy
Yellow	Potato and baked bean pie 	Cheesy vegetable pasta 	Vegetable chow mein 	Salmon and sweet potato fish cakes	Jacket potato with cheese 
	Chips Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables	Baked diced potato Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables
Orange	Egg Salad Sandwich  Cheese and Herb Biscuit  Salad	Chicken Mayo Wrap Mini Scone  Salad	Ham Roll Vegetable Sticks  Salad	Cheese Sandwich  Pasta Salad  Salad	Tuna Mayo Sandwich Savoury Rice  Salad
Soup / Pudding	Chicken and rice soup Selection of fresh fruit with optional natural yoghurt 	Lentil soup  Plain muffin with fruit  Selection of fresh fruit with optional natural yoghurt 	Yellow split pea soup  Chocolate sponge with mandarins  Selection of fresh fruit with optional natural yoghurt 	Carrot and potato soup  Rice pudding with peaches  Selection of fresh fruit with optional natural yoghurt 	Vegetable soup  Selection of fresh fruit with optional natural yoghurt 

WEEK 3

02/05/2022
30/05/2022
27/06/2022
29/08/2022
26/09/2022
07/11/2022
05/12/2022
16/01/2023
13/02/2023
13/03/2023






















Key
Vegetarian 
Vegan 

	Monday	Tuesday	Wednesday	Thursday	Friday
Green	Breaded haddock	Macaroni cheese 	Beef bolognaise	Sausage roll	Chicken fajitas
Yellow	Vegetable balls in tomato sauce 	Spring roll 	Breaded chicken goujons	Savoury rice 	Cheese and tomato pizza 
	Pasta Potato Salad selection 2 Seasonal vegetables	Garlic bread Long grain rice Salad selection 2 Seasonal vegetables	Potato Pasta Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables	Potato wedges Salad selection 2 Seasonal vegetables
Orange	Cheese sandwich  Mini vegi sausage  Salad	Ham sandwich Mini spring roll  Salad	Egg mayo wrap  Rice salad  Salad	Chicken slice roll Mini sausage roll Salad	Tuna mayo sandwich Pasta Salad  Salad
Soup / Pudding	Vegetable soup  Lemon sponge and custard  Selection of fresh fruit with optional natural yoghurt 	Chicken and sweetcorn soup Selection of fresh fruit with optional natural yoghurt 	Tomato soup  Cornflake biscuit with fruit salad  Selection of fresh fruit with optional natural yoghurt 	Lentil soup  Selection of fresh fruit with optional natural yoghurt 	Potato and Leek soup  Ginger sponge with custard and fresh fruit  Selection of fresh fruit with optional natural yoghurt 

WEEK 4

09/05/2022
06/06/2022
05/09/2022
03/10/2022
14/11/2022
12/12/2022
23/01/2023
20/02/2023
20/03/2023

Key
Vegetarian 
Vegan 

	Monday	Tuesday	Wednesday	Thursday	Friday
Green	Salmon and sweet potato fish cake	Roast chicken with optional gravy	Butchers sausage in a hot dog roll	Steak pie	Fish fingers
Yellow	Ham and cheese melt baguette	Tuna pasta	Jacket potato with baked Beans 	Vegetable chow mein 	Beef and baked bean hotpot
	Baked diced potatoes Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables	Potato wedges Salad selection 2 Seasonal vegetables	Potato Salad selection 2 Seasonal vegetables	Potato Pasta Salad selection 2 Seasonal vegetables
Orange	Chicken salad sandwich Vegetable sticks  Salad	Egg salad roll  Mini plain scone  Salad	Ham sandwich Mini vegi sausage  Salad	Tuna mayo sandwich Pasta salad  Salad	Cheese and red pepper wrap  Rice salad  Salad
Soup / Pudding	Carrot and potato soup  Selection of fresh fruit with optional natural yoghurt 	Yellow split pea soup  Apple and berry crumble with custard and fresh fruit  Selection of fresh fruit with optional natural yoghurt 	Chicken noodle soup Selection of fresh fruit with optional natural yoghurt 	Lentil soup  Chocolate cornflakes with fruit  Selection of fresh fruit with optional natural yoghurt 	Potato soup  Shortbread and fruit  Selection of fresh fruit with optional natural yoghurt 



OUR

SCHOOL LUNCH MENU

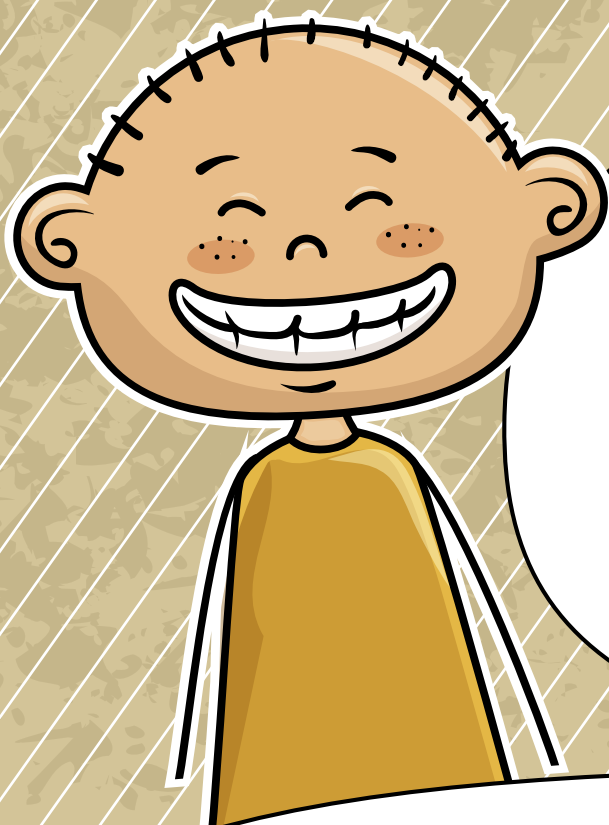
2022



FRESHLY PREPARED
IN OUR SCHOOL

OUR MENU RUNS ON A FOUR WEEK CYCLE

Week 1	Week 2	Week 3	Week 4
18/04/2022	25/04/2022	02/05/2022	09/05/2022
16/05/2022	23/05/2022	30/05/2022	06/06/2022
13/06/2022	20/06/2022	27/06/2022	
15/08/2022	22/08/2022	29/08/2022	05/09/2022
12/09/2022	19/09/2022	26/09/2022	03/10/2022
24/10/2022	31/10/2022	07/11/2022	14/11/2022
21/11/2022	28/11/2022	05/12/2022	12/12/2022
19/12/2022	09/01/2023	16/01/2023	23/01/2023
30/01/2023	06/02/2023	13/02/2023	20/02/2023
27/02/2023	06/03/2023	13/03/2023	20/03/2023
27/03/2023			



FRESH MILK

from Graham's Dairy in Nairn

FREE RANGE EGGS

from Allarburn in Elgin

SEASONAL VEGETABLES

from Swanson's Fruit & Veg in Elgin

QUALITY MEAT

Andersons Butcher Buckie provides for Buckie, Keith and Fochabers area

Fraser Brothers Butchers provides for Forres, Lossiemouth, Elgin and Speyside area

FRESH BREAD

Straithisla Bakery provides for Keith and Fochabers area

WE HAVE A RANGE OF HEALTHY MEALS

including Vegetarian and Vegan options

All children are eligible for free school meals until they reach P5. From P6, school meals can be purchased online or from the school at a cost of £2.30.

If your child is a vegan, you can contact schoolmeals@moray.gov.uk for a full vegan menu.

Comprehensive allergen and nutritional details associated with our meals can be accessed by visiting the School Meals page available on the Moray Council website.

WWW.MORAY.GOV.UK

