



# Lossiemouth HS & Milne's HS ASGs

Active Schools Annual Report 2014-15

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The Lossiemouth HS and Milne's HS ASGs include 7 Primary Schools: Milne's PS, Mosstodloch PS, Lhanbryde PS, St. Gerardine PS, Hythehill PS, Hopeman PS and Burghead PS. There are currently more than 1400 pupils in total attending these schools. In 2014-15 the amount of activity for pupils across the schools and the number of activity sessions more than doubled on the previous year's figures, meaning that more children have been active across both ASGs. Active Schools has worked closely with the Community Sports Hubs in both ASGs, investing time, providing support and sharing resources in an effort to help develop stronger clubs and a network for sport locally that will support children as they travel the pathway from school to community-based sport.

## **Impact of Active Schools**

Distinct participants taking part in Active Schools-led programmes rose from 29.5% (of total ASG primary school roll) in 2013/14 to 45.1% in 2014/15. The number of activity sessions delivered as a consequence of this rise a doubled from one year to the next. These increases in activity levels of children of all ages increased through the offering of more opportunities to participate across a wider range of extra-curricular activities. The most popular activities in 2014-15 were athletics, running and cross country which were delivered by volunteers, sports club coaches and free-lance deliverers across both areas. These activities fed directly into the very popular schools cross country festival and other local running events. Other successful activities were the outdoor activity sessions which engaged many children who wouldn't otherwise participate in mainstream sports sessions. Finding solutions for particular schools was key to increasing activity levels, for example, planning sessions over lunch times in Mosstodloch PS.

By supporting a volunteer also involved with the schools engagement team, Rhona Wood, to get her UKCC level 1 Netball coaching award, Active Schools was able to help restart netball for P6/7 girls in three of the four Lossiemouth primary schools. New types of activity sessions were introduced in partnership with Outfit Moray and the fantastic indoor climbing facilities at Gordonstoun School and Kinloss Barracks were used to good effect. Outdoor woodland and coastal activities were very popular in both areas, appealing in particular to children not involved in the more mainstream sporting activities. Event delivery is an important part of our work as these often serve as the culmination to a block of activity in school; in 2014-15 we organised and supported a variety of such events in the two ASG areas including cross country, orienteering, and Kwik Cricket.



**Left:** woodland outdoor adventure sessions delivered in partnership with the charity Earthtime.

### **Deliverers Network**

In 2014-15 there was a reliance on paid deliverers and sports coaches to increase the number of sessions offered in the areas quickly and sustainably. In order to increase opportunities for a wider age range we worked with and supported

partners such as Gordonstoun School to provide climbing opportunities and squash sessions, Outfit Moray to provide climbing and mountain biking, the charity Earthtime to provide outdoor adventure sessions, Seedling Creations to provide active acting and games, Grassroots Sports Coaching for football, Lossiemouth Community Centre for swimming, dance teachers and Moray Council coaches for multi-sports activities.

Alongside this in 2014-15 there was the on-going effort on recruiting, training and supporting volunteers. This network of parents, teachers, and other school staff to help develop are essential to delivery of certain programmes across both ASGs, for example, parents at Hopeman PS were recruited and trained to run a lunch-time orienteering club, after school outdoor activities and running club as well as supporting other activities.

## School to Club Links

This year Active Schools supported the establishment of a Community Sports Hub in Lossiemouth which successfully brought together local clubs, sports deliverers and community groups. Moray Golf Club, watersports club, tennis club, football, bowling, martial arts clubs, Scout groups, Boys Brigade, dance schools and other community groups are all active within the Hub and have worked together to push forward local community projects and set priorities together. The Hub provided support to local schools as part of their health weeks and successfully provided beach activities during the local Seafest. Progress was slower at the Milne's Community Sports Hub but we continued to support its development, for example, with a schools and community fitness testing project.

Working with the Scottish Orienteering Regional Development Officer, Mike Rodgers, there has been curricular delivery in most of the schools which led directly to more involvement in the Moravian Orienteer's Saturday Schools League and also an Easter holidays leadership project with Milne's ASG schools where pupils organised and ran a two-day event with the Forestry Commission.

In curricular time, Lossiemouth schools have taken part in swimming lessons. Milne's in a block of four curling sessions finishing with an interschool bonspiel at Moray Leisure Centre. Cricket, Rugby and tennis were also taken up by schools with the help of Active Schools.

The attached monitoring report has been produced by Sportscotland on our behalf, and contains the 'outputs' of our efforts to create more opportunities for children to get active in 2014-15. This type of report can also be produced for individual schools and may be useful for inspections, for dissemination to parents, or simply for your own information. Please contact me directly if this is something you would find useful.

***“Since the first Networking Night that took place in March, the Lossiemouth Community Development Trust Sports Hub has thrived, with clubs and individuals taking on responsibility for developing different areas identified in the Hub's Action plan. With the support and help of Active Schools, the number of clubs and organisations engaging with the Hub has increased and there is a drive to work together to develop projects, improve facilities and to get more engaged with the local schools for the benefit of the Lossiemouth community.”***

*Craig Barron  
Moray Community Sports Hub  
Development Officer*

Donna Brown  
Active Schools Coordinator (Primary)  
Lossiemouth HS and Milne's HS ASGs