



# Lossiemouth High School

Active Schools Annual Report 2014-15

# Lossiemouth High School

Lossiemouth High School is situated in the coastal town of Lossiemouth and is the fourth largest secondary school by roll in Moray. It serves the communities of Lossiemouth, Hopeman and Burghead and is fed by the four primary schools from these areas. In 2014-15 high levels of extra-curricular activity were sustained and developed at the school through relationships developed between the Active Schools Coordinator and the PE department, but also with other departments in the school such as Support for Learning and Guidance. The school successfully hosted the Moray Secondary Schools Cross Country Competition, an event which saw its highest number of participants to date.

## **Impact of Active Schools**

In 2014-15 Lossiemouth High School ran a full programme of extra-curricular clubs, well supported by trained staff and senior students. These ranged from the school's successful football teams to Boccia to cycling activities for students with additional support needs. The school was also particularly well-represented in football with four teams competing in the central league. Encouragingly, Lossiemouth HS maintained a high level of girls participating in extra-curricular activities with a successful netball club contributing to the fact that 41% of all Active Schools-facilitated activity participants were girls.

The school's pupils have taken part in many Moray-wide festivals organised by Active Schools, including netball, badminton, orienteering and girls' football events. In 2014-15 the opportunities to take part in events such as these was even greater as the Active Schools secondary team offered increased opportunities for schools to come together in a competition/festival setting.

Lossiemouth HS was also very well represented on the Youth Leadership front with students participating in LEAD 2014, and the YDance (national youth dance agency) Active Girls programme. These students are already involved in day-to-day sporting activity in the school and should continue to be an asset to the school in months and years to come. This is testament to the commitment of those involved in activity at the school.

### **Deliverers Network**

Over 90% of extra-curricular delivery at Lossiemouth HS in 2014-15 was volunteer-led, and this is only made possible by a committed network of school staff delivering in their own time, parents and senior students. The contribution these volunteers made to promoting and developing extra-curricular sport and activity is invaluable. We provide support for these volunteers in the form of training and resources, help with administration, qualification in areas needed for delivery (e.g. first aid, child protection), and access to sport-specific Continued Professional Development (CPD).

The continuation of YDance's Active Girls programme gave the opportunity for three Lossiemouth HS girls to gain their Level 1 UK Dance Leaders Award, creating a new and exciting opportunity for the provision of dance at the school.

The success of our support to the deliverers network can be seen specifically when we look at the example of Boccia. Over a number of years, teaching and non-teaching staff from the school's additional support needs department have achieved the Boccia Leader award and have successfully created a Boccia club that runs during lunchtime. This has resulted in Lossiemouth HS being particularly well represented at local Boccia festivals and at the Moray Schools Boccia Festival held in Buckie in May.

### **School to Club Links**

In an area where few community sports clubs exist (due to proximity to larger population centres) it is extremely important that the ones that do exist are supported and linked properly to the school. In 2013-14 Active Schools developed existing links between community clubs and the school and encouraged new ones to grow. Six strong links existed in 2014-15 ranging from Moravian Orienteering to Moray Golf Club to New Wave Surf School. This has seen high

school students taking part in the Moravian Orienteering Saturday League events, and an increase in secondary-aged children taking up membership at Moray Golf Club.

Areas where new links could be developed in future are a secondary school Jogscotland group aligned with the local adult group, and the development of mountain biking sessions at the school using qualified volunteer staff, which will help foster a link to the Moray Mountain Bike Club. Linking physical activity in the school to community clubs is a key area of work and can only help contribute to an increase in activity levels all round.

The attached monitoring report has been produced by Sportscotland on our behalf and contains the ‘outputs’ of our efforts to create more opportunities for children to get active in 2014-15. We hope this might be useful for inspections, for dissemination to parents, or simply for your own information. Please contact me directly if there is anything in the report you would like to discuss in detail, or if you need any more information.

Cameron Steel  
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Lossiemouth HS, Milne’s HS & Elgin Aca