



# Buckie HS ASG

Active Schools Annual Report 2014-15

# Buckie HS ASG

The Buckie ASG consists of eight primary schools, including the third largest primary school by roll in Moray, Cluny Primary School, and stretches along the coastal communities from Cullen to Portgordon. The most popular activities in this area are football, golf, cricket and dancing. The established sports clubs are Buckie Thistle Football Club, Buckie Cricket Club and the three golf clubs in Strathlene, Buckpool and Cullen. For other sporting opportunities such as rugby and basketball local people have to travel to Elgin situated 17 miles towards the west from Buckie.

## Impact of Active Schools

Active School has been in place since 2004 and is well embedded in the schools and community in the Buckie area. A range of activities, tournaments and festival are organised throughout the year. The activities run in 2014-15 were Basketball, Football, Rugby, Orienteering, Cross Country, Badminton, Dancing and Cricket

The focus of Active Schools in 2014-15 was to further the developments that have been put into place the previous years. Examples of this are the development of orienteering and the Leadership programme.

Buckie HS ASG bought their own orienteering equipment as part of the 'World Orienteering Championships and Beyond' project and this equipment that is shared amongst the schools. All schools received training from Scottish Orienteering in how to use the equipment and what activities to run to introduce the pupils to the sport. In addition to the training Active Schools has worked together with the orienteering development officer to provide support to all Schools in the ASG. After the training, the orienteering development officer worked with the school staff for four sessions in a mentoring capacity. This hands-on support led to more confidence amongst the school staff to run the sessions independently. As a result of the development over

210 P6 and P7 pupils took part in a local orienteering competition organized by the development officer with the support of Active Schools.

The P7 leadership programme put into place the previous year has further developed and is going strongly. In 2014-15 we again delivered four week's training to P7 pupils in order for them to deliver after-school clubs to P1-P3 pupils in the playground at during break times. As a result 149 lower primary pupils took part in regular after school activities planned and run by P7 pupils.

A new development from Active Schools in partnership with the Community Sports Hub Officer in 2014-15 was the development of a disability sports club in Moray. The club is open to pupils with a physical disability. The participating children were introduced to a variety of sports and have formed their own Boccia Team. Some children took part in a Boccia Tournament in Aberdeen and returned with a medal for first and second place.

The aim of Active Schools for 2015-16 is to maintain the status quo regarding activities and tournaments that are well established such as dance, cricket and basketball; additionally, we are hoping to build foundations for the structures that have been set up in 2014-15. Namely, a leadership project for secondary school pupils, disability sports opportunities and orienteering.

**Right:** Buckie area primary pupils get ready to dance the Flying Scotsman. Active Schools has been a driving force in the development of Scottish Country Dancing in the Buckie schools.

### **Deliverers Network**

The delivery of Active Schools activities in 2014-15 was done by club coaches, teachers, college students and P7 pupils through the leadership programme.



We worked with college students and other young people who wanted to gain experience in sports coaching. The students and young people plan and deliver the sessions; our role here is as mentor – attending sessions, observing and giving constructive feedback. All our deliverers can attend any of the courses offered in our extensive training programme and, as a minimum, we aim to put all our deliverers through basic first aid and child protection training.

Empowering young people by providing them leadership and management skills, we are committed to continuously developing new projects and improving programmes that are already in place. For example, currently Active Schools and Buckie High School are working together to set up a secondary leadership project. The aim is to train, prepare and mentor senior pupils to deliver after school clubs at primary schools. A further aim is to run inter-house competitions for S1 and S2 pupils. At the moment 16 pupils of Buckie High have registered for the programme.

The relationship between Active Schools and the PE Specialist in the Buckie HS ASG is excellent. The partnership has a target based approach. Examples of this approach in 2014-15 were the organisation and running of Buckie-based competitions such as cross country and basketball. The PE specialist co-ordinated with us to support our festival/competition calendar, and ran two after school clubs a week at different schools preparing the children for up-coming events.

### **School to Club Links**

Most schools have established good links with the local clubs that are available in the Buckie ASG. However, as there is more variety and opportunity in places further afield, Active Schools has built strong links with clubs from other areas. Examples of that are the links with Elgin Eagles Basketball Club who supported and provided referees for the annual basketball tournament. There are also links with Moravian Orienteering and Moray Rugby Club; these links are maintained through Active Schools in partnership with the Scottish Rugby Union Development Officer, George Whitecross, and the Scottish Orienteering Development Officer, Mike Rodgers.

The attached monitoring report has been produced by Sportscotland on our behalf and contains the ‘outputs’ of our efforts to create more opportunities for children to get active in 2014-15. This type of report can also be produced for individual schools and may be useful for

inspections, for dissemination to parents, or simply for your own information. Please contact me directly if this is something you would find useful.

Hein Mijzen  
Active Schools Coordinator (Primary)  
Buckie ASG