

MORAY AUTISM PARTNERSHIP

MINUTES

Monday 31st August 2015 at 12.30pm

The Gallery, Elgin Library

Chair:	Anne McKenzie (HSC)
Co-Chair:	David Silvester

In Attendance:	James Maxwell	Anne McKenzie (HSC)	Beccie Thornhill (ICS)
<u>Key:</u>	David Silvester	Claire Walker	Deborah Evans (HSC)
HSC = Health & Social	Dawn Williams-Briggs	Christine Ainley	Tracie Wills (HSC)
Care (Adult Services)	Elaine Wilson	Margaret McDonald	Kathy Henwood (ICS)
PS = Police Scotland	Tony McManus	Brenda Weaver	Emma Sharpe (HSC)
ICS = Integrated	Pat McLennan (ICS)	Ali Reid	Aimee Killa (HSC)
Children's Service	Alison Thow (PS)	Madeline McCutcheon	Rachel Foster (HSC)
	Lorna Young	(ICS)	

Agenda Item	Discussion Point
1. Welcome	Anne welcomed everyone to the meeting.
2. Minutes of Last Meeting and Matters Arising:	<p>The previous minutes were agreed as accurate.</p> <p><u>Co-Chair</u> – prior to the meeting there had been no volunteers for Co-Chair. James Maxwell volunteered at the meeting, pending discussion with Aimee.</p> <p><u>Action Plan</u> – this is now available on the website.</p> <p><u>Theme for the Next Meeting</u> – Anne advised that evaluation slips are available with some suggestions. This will be addressed later in the meeting.</p>
3. NAS Moray & Nairn Update	<p>Glyn Morris, Chair of the NAS Moray and Nairn Branch attended the meeting. He spoke of the various services they currently provide, these include a swimming club, a parent to parent advice service and most recently a surf school, which is the only autism specific club of its kind in Scotland. This has been a great success. Glyn advised there is no age restriction for the surf school and it takes place in Lossiemouth.</p> <p>Glyn also spoke of the Assistant Dog service which is available. This service is about redirection i.e. instead of going for a walk as part of a routine, there is a reason, a need; to take the dog out.</p> <p>Bookings for the surf school and further enquires about any of the other services can be made by contacting the NAS Moray and Nairn Branch: http://nasmorayandnairn.org/ </p>

<p>4. Moray Complex Needs New Build</p>	<p>Tracie Wills, Commissioning Officer, attended the meeting to inform everyone about the Complex Needs New Build project which is ongoing. This is due to the current facility, for individuals with autism and other complex needs, no longer meeting the needs of individuals. Tracie explained that the most challenging part of the project was finding a suitable location; which has now been agreed as Garmouth Road, Lhanbryde. Designs of the site were available for viewing at the meeting, which consisted of; individual bungalows, a respite bungalow, a communal bungalow and a staff bungalow. Each bungalow will be specific to the individual and have 2 bedrooms, an en suite and main bathroom and a private garden.</p> <p>Tracie advised the Architect is working on a virtual 'walk through' which could be taken back to this meeting.</p> <p>Action: Aimee to liaise with the team as to when the walkthrough will be available and invite Moray Macleod to present it to the Autism Partnership.</p> <p>Any queries can be put to autism@moray.gov.uk and will be forwarded on accordingly.</p>
<p>5. Moray Autism Conference</p>	<p>Emma advised the conference that was held on 11th and 12th June 2015 was a success. The conference hosted international speakers who have a personal connection to Autism. Emma noted the speakers also gave their feedback in relation to the event and they thought that Moray is well ahead of other Local Authorities in relation to autism services and they will be taking ideas back.</p> <p>Emma gave some statistics re the event:</p> <ul style="list-style-type: none"> • 244 delegates registered • Day 1 had 88% attendance, and Day 2 had 83% attendance • 18 staff facilitated the event, with 8 speakers • The event was open to anyone which resulted in approximately 50/50 split of Professionals and Service Users/Family. <p>Emma then continued to break down the delegate information further. Anyone who wishes to see this level of detail please contact autism@moray.gov.uk</p> <p>Action: A survey was sent out and Emma will collate feedback and produce a 'finders report'.</p> <p>Activity: The Partnership members were then asked to break into 3 groups to answer some questions that will aid the planning of future events.</p> <p>Action: The responses to these questions will be collated and fed back at the next meeting.</p>
<p>6. Accessing your Community</p>	<p>The Partnership were asked to take part in an activity to gather information around community activities and locations that people can and can't access, and why. The group were given various examples of</p>

<p>Action:</p>	<p>community locations across Moray and asked to give reasons as to what made certain locations accessible for families with autism and what makes other locations unsuitable. Aimee explained that the information collated would then be passed on to Glyn to be used within Friendly Access.</p> <p>Aimee will collate the responses and feedback at the next meeting.</p>
<p>7. Friendly Access Update</p>	<p>Glyn Morris explained the background to Friendly Access, which came from a personal experience with his son who is on the spectrum. Friendly Access aims to reduce anxiety for individuals with, and families, that have a hidden or less apparent disability, or Mental Health condition, when they are in their community.</p> <p>3 years later they now provide an environmental assessment and have a list of partners, such as; the University of Aberdeen, First travel, Union Square, etc. Training sessions are also on offer for services which will reduce anxiety for individuals and families and build confidence for employees.</p> <p>Further information about Friendly Access can be found at: http://www.friendlyaccess.org/</p>
<p>8. Funding Bid</p> <p>Action:</p>	<p>The Scottish Government have released a small amount of money for bids of up to £10k in relation to new and innovative projects for people with autism, to be delivered by March 2016. Aimee advised she has reached out to the third sector to encourage them to put in bids and asked if anyone else wanted to discuss potential bids then to get in touch.</p> <p>Aimee will feedback at the next meeting.</p>
<p>9. Any Other Business</p> <p>Action:</p>	<p><u>SDS Worker for Children's Services</u> – Kathy Henwood introduced herself to the meeting. She can be contacted at kathy.henwood@moray.gov.uk or 01343 563608.</p> <p><u>Satisfaction Survey</u> – Aimee advised that a survey is being created to enable attendees to feedback to us their thoughts on the Partnership Meetings, are we on the right track, do you feel you are getting heard? The survey will also be an opportunity for those who can't attend to tell us why and what we could do to enable them to attend.</p> <p>Aimee to circulate survey, then feedback responses at the next meeting,</p>
<p>10. Evaluation Time</p>	<p>Aimee advised this was an idea taken from other Partnership Meetings where time is allocated at the end of each meeting to evaluate the meeting. Slips were handed out to enable everyone to feedback anonymously and included topics which could be discussed at future Partnership meetings.</p>
<p>11. Date of Next Meeting</p>	<p>Wednesday 4th November 2015 at 1pm – 3pm In the Gallery, Elgin Library</p>