

# CAPR Scotland Carers' Report Young Person

Profile of behavioural and emotional wellbeing of a child  
or young person aged 10–16 years



To be completed by the child's or young person's main caregiver/s  
(with support from social worker as needed)

CONFIDENTIAL

## Please note

1. As part of the permanent social care record, this valuable information should be used to inform social care planning for all children and young people in public care, e.g. statutory reviews, permanence panels, family finding, preparing prospective carers. Professionals sharing the information should give due regard to the child's or young person's feelings, thoughts and wishes. This part of the form is based on the BAAF Form CR-YP with some modifications.
2. This report is an opportunity for you to share your knowledge of the child or young person. Please involve the child or young person in responding, as appropriate. The report will form part of the social care record. Please answer by ticking as appropriate and by adding any comments in the spaces provided.
3. In thinking about this child's or young person's behaviour and emotional wellbeing, please compare him/her with other children and young people of similar age and ability.
4. This information should be updated and available to the health professional at statutory health assessments.

*NB. To insert the child's/young person's name and DoB on page two and subsequent pages, open the header, add the information and then close the header and save. This will copy the information onto every page.*

<b>Child's/young person's name</b>		<b>Date of birth</b>		<b>Age</b>	
<b>Profile completed by</b>		<b>Date</b>			
<b>Contact details:</b>					
<b>Relationship to child/young person</b>		<b>Date of placement</b>			
<b>How long have you known him/her?</b>					

## 1. What is this child or young person like to live with and care for?

*For example, which aspects of caring for him/her bring the most joy and/or satisfaction? Which aspects are challenging? What makes him/her happy or unhappy? What helps him/her to engage?*

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Name of child/young person		DoB	
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Please describe a typical "day in his/her life", in terms of rewards and challenges

## 2. Everyday living

**A** Do you have concerns about the child's/young person's behaviour in the following areas? Please give examples.

*Have you seen any change in the time you have known him/her?*

Behaviour	Yes, No	Examples/comments
Eating/attitude to food		
Sleeping		
Toileting (e.g. wetting, soiling, smearing)		
Hygiene/self care		

**B** In response to past experiences, does the child or young person show any of the following behaviours? Please give examples.

*Have you seen any change in the time you have known him/her?*

Behaviour	Yes, No, N/A	Examples/comments
Nightmares		
Flashbacks – vivid and distressing memory of past experiences		
Jumpy, very on edge, quick to startle to normal experiences		

Name of child/young person		DoB	
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Frozen, seems shut down, but watchful and wary		
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**C Comment on whether this child or young person, for age and ability, is:**

Unusually independent	[ ]	About the same as any other child/ young person	[ ]	Very dependent	[ ]
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Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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**3. Relationships with adults**

**A What is this child or young person like with familiar adults?**

Please provide an answer for each line.

Overly clingy	[ ]	About the same as any other child or young person	[ ]	Hard to get close to	[ ]
Overly demanding – attention seeking	[ ]	About the same as any other child or young person	[ ]	Less demanding – detached	[ ]
Always wants to be in control/in charge	[ ]	About the same as any other child or young person	[ ]	Looks to others to be in control/in charge	[ ]

Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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**B What is this child or young person like with unfamiliar adults?**

Overly fearful or unusually shy	[ ]	About the same as any other child or young person	[ ]	Overly anxious to please	[ ]
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Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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Name of child/young person		DoB	
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**C** When this child or young person is worried or distressed, describe how he/she responds to:

a. the worry/distress
b. your attempts to help and support

**D** What helps him/her restore a sense of calm when upset?

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**E** Any other comments on relationships with adults (e.g. responses to females/males)

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#### 4. Emotional state

**A** Considering current circumstances, how would you describe this child or young person? Please provide an answer for each line.

Dismissive of anxieties or worries	[ ]	About the same as any other child or young person	[ ]	More worried or anxious than other children/young people	[ ]
Sad or appears "flat"	[ ]	About the same as any other child or young person	[ ]	Happier than would be expected	[ ]
Please give an example to explain your answer. Have you seen any change in the time you have known him/her?					

Name of child/young person		DoB	
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**B How does the child or young person usually relate to you?**

Please provide an answer for each line.

Sensitive and easily upset	[ ]	About the same as any other child or young person	[ ]	Doesn't show feelings – appears tough on outside	[ ]
Desperate to please	[ ]	About the same as any other child or young person	[ ]	Couldn't care less – resists adults' support	[ ]

Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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**C Any further comments on his/her emotional state?**

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**5. Behaviour****A How would you describe this child's or young person's behaviour?**

Easier to manage than other children or young people	[ ]	About the same as any other child or young person	[ ]	More difficult to manage than other children or young people	[ ]
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Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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**B How does this child or young person accept limits to his/her behaviour? Please provide an answer for each line.**

Accepts boundaries without fuss	[ ]	About the same as any other child or young person	[ ]	Resists boundary setting	[ ]
Overly cautious, avoids risks	[ ]	About the same as any other child or young person	[ ]	Engages in concerning risk-taking behaviour	[ ]

Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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Name of child/young person		DoB	
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**C How does this child or young person display his/her feelings?**

Hides feelings away	[ ]	Like any other child or young person	[ ]	By difficult or awkward behaviour	[ ]
Please give an example to explain your answer. Have you seen any change in the time you have known him/her?					

**D Any further comments on behaviour? (e.g. response to contact)**

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**6. Concentration, impulsivity and activity****A How would you describe this child's or young person's concentration?**

Loses concentration quickly	[ ]	About the same as any other child or young person	[ ]	Concentration better than other child or young person	[ ]
Please give an example to explain your answer. Have you seen any change in the time you have known him/her?					

**B How does this child or young person manage to control his/her impulses?**

Overly controlled	[ ]	About the same as any other child or young person	[ ]	Impulsive, acts without thinking	[ ]
Please give an example to explain your answer. Have you seen any change in the time you have known him/her?					

**C How would you describe this child's or young person's activity levels?**

Restless, highly active	[ ]	About the same as any other child or young person	[ ]	Less active than expected	[ ]
Please give an example to explain your answer. Have you seen any change in the time you have known him/her?					

Name of child/young person		DoB	
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## 7. Social skills

### A How does this child or young person get on with others of a similar age?

Please provide an answer for each line.

Interested in socialising with others of a similar age	[ ]	About the same as any other child or young person	[ ]	Not interested in socialising with others of a similar age	[ ]
Very controlling/bossy with others of a similar age	[ ]	About the same as any other child or young person	[ ]	Easily led by others of a similar age	[ ]

Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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### B How does this child or young person get on with people of other ages?

Best with younger children	[ ]	Best with children or young people of his/her own age	[ ]	Best with adults	[ ]
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Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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### C Does this child or young person have unusual routines, actions or obsessions?

YES	[ ]	NO	[ ]
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If **YES**, please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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### D Regarding this child's or young person's play/social activities, does he/she

Enjoy activities more typical of a younger child	[ ]	Enjoy activities appropriate to their age	[ ]	Not show any interest in play or social activities	[ ]
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Please give an example to explain your answer. Have you seen any change in the time you have known him/her?

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Name of child/young person		DoB	
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**8. Primary or secondary school****A** Does the child or young person attend school?

YES	[ ]	NO	[ ]
If <b>NO</b> , please explain why not, then proceed to Question 9			
If <b>YES</b> , is he/she: Reluctant to attend	[ ]	Doesn't mind either way	[ ]
		Looks forward to going	[ ]
Please give an example to explain your answer. Have you seen any change in the time you have known him/her?			

**B** Compared to others of the same age, how well does he/she cope with school?

Not as well	[ ]	About the same	[ ]	Better than others	[ ]
Please give an example to explain your answer. Have you seen any change in the time you have known him/her?					

**C** Has this child or young person had problems with bullying, either as bully or victim?

YES	[ ]	NO	[ ]
If <b>YES</b> , please give an example to explain your answer. Have you seen any change in the time you have known him/her?			

**D** Do you have any other concerns about school?

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**9. Postscript**

**A** Is there anything else you want to mention, e.g. responses to birth family, including contact?

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**B** How concerned are you overall about this child's or young person's emotional wellbeing and behaviour?

Very concerned	[ ]	A little concerned	[ ]	Not concerned	[ ]
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**C** Do you think this child or young person needs extra help?

YES	[ ]	NO	[ ]
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If **YES**, please explain

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Signature		Date	
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